PHYSICAL VIOLENCE SEXUAL USING

COERCION **AND THREATS**

Making and/or carrying out threats to do something to hurt her + threatening to leave her, to commit suicide, to report her to welfare → making her drop charges + making her do illegal things.

INTIMIDATION

Making her afraid by using looks, actions, gestures

- → smashing things → destroying her property + abusing pets
- displaying weapons.

USING **ECONOMIC ABUSE**

- → Preventing her from getting or keeping a job
- making her ask for money
- + giving her an allowance + taking her money + not letting her know about or have access to family income.

USING EMOTIONAL ABUSE

- → Putting her down
- → making her feel bad about herself + calling her names
- → making her think she's crazy
- → playing mind games → humiliating her + make her feel quilty.

USING MALE PRIVILEGE

- ◆ Treating her like a servant
- + making all the big decisions
- → acting like the "master of the castle" + being the one to define men's and women's roles.

POWER AND CONTROL

USING **CHILDREN**

◆Making her feel guilty about the children → using the children to relav messages + using visitation to harass her + threatening to take the children away.

USING ISOLATION

◆ Controlling what she does, who she sees and talks to, what she reads, where she goes + limiting her outside involvement + using jealousy to justify actions.

MINIMISING, **DENYING AND BLAMING**

- → Making light of the abuse and not taking her concerns about it seriously
- + saying the abuse didn't happen → shifting responsibility for abusive behaviour
- + saying she caused it.

PHYSICAL VIOLENCE SEXUAL